

Send Event Registrations to:  
P.O. Box 310, Alliston ON L9R 1V6  
Fax: 705-434-1101 / 888-814-2982



Website: [www.CycleCanada.com](http://www.CycleCanada.com)  
E-mail: [sweep@CycleCanada.com](mailto:sweep@CycleCanada.com)  
Voice: 705-434-1100 / 800-214-7798

## CycleCanada Events for 2012

### RATING THE RIDES

<b>General Comment</b>	'How fit must I be' is a common question. Our trips are designed to suit fitness levels of typical recreational cyclists. We assume that participants are weekend riders who enjoy regular exercise. Extra training is needed for longer rides and we provide participants with a suggested training schedule. Our rides are designed for good cycling on public roads, although Tour du Canada goes through sections of the country where choice of routes is limited and Tour Arctic includes the unpaved Dempster Highway. Route selection is based on the uniqueness of the scenery or the local culture or both. Generally, our trips are aimed at cyclists who are comfortable with rides of 80 kilometres (50 miles) or more. Much of the toughness that is needed for any physical endeavor is mental, not physical. Cyclists need the determination to do the distance and the perseverance to ride on when weather conditions are less than ideal.
<b>Tour du Canada</b>	Cyclists encounter the full range of cycling conditions. Terrain includes tough hilly sections. There are several days of 160 kms (100 mi.) or more and those days may include steep hilly sections.
<b>Tour TransCanada</b>	
<b>Cycle Canada Series</b>	Terrain is challenging. Daily distances will be shorter in very hilly sections but there are some long riding days. Sections of the route are remote, especially on Tour Arctic but much less so on Tour Atlantic.
<b>Discover Your Routes Series</b>	Terrain is mainly quite gentle. Distances are designed to be easily achievable and you will find many local amenities in towns and villages along the routes.

	Total Distance		Average		Longest Day		Trip Days		Meals		Lodging	
	Km	Mi.	Km	Mi.	Km	Mi.	Ride	Rest	B	D	Tent	Indoor
<b><i>Tour du Canada</i></b>	7,665	4,730	131	81	172	106	59	11	All	All	62	10
<b><i>Tour TransCanada</i></b>	7,440	4,590	126	78	166	103	59	11	51	47	40	32
<b>Cycle Canada Series</b>												
<b><i>Tour Arctic</i></b>	1,945	1,200	101	63	156	96	19	5	20	20	18	7
<b><i>Tour Atlantic</i></b>	1,400	865	117	72	152	94	12	2	12	12	11	4
<b><i>Tour Pacific</i></b>	1,395	860	107	66	144	89	13	2	13	14	13	3
<b><i>Cabot Trail</i></b>	660	405	131	81	152	94	5		5	5	4	2
<b><i>Icefields Parkway</i></b>	440	270	109	67	144	89	4		4	4	4	1
<b>Discover Your Routes Series</b>												
<b><i>The BiQue Ride</i></b>	660	410	110	68	124	77	6	1	7	1		7
<b><i>The By-Cycle Ride</i></b>	515	320	102	64	113	70	5		5	1		6
<b><i>Niagara Vineyards</i></b>	300	185	60	37	65	40	5		5	1		6
<b><i>Tour Vert</i></b>	485	300	97	60	123	76	5		5	1		6
<b><i>Voyageur Route</i></b>	545	335	109	67	118	73	5		5	1		6
<b><i>Southern Ontario Century Ride</i></b>	Choice of metric or Imperial centuries						2		1	1		1

## CycleCanada Dates and Fees for 2012

THE RIDES	(Total fees include deposit amounts.)	Dates	Deposit Amounts	Total Fees
<b>Tour du Canada Membership</b>	(Pre-requisite for Tour du Canada but not for other rides)			\$30.00
<b>Tour du Canada</b>	Vancouver to St. John's	June 20 - August 31	(registration fee) \$100.00 (deposit) \$600.00	\$4,150.00
<b>Tour TransCanada</b>	Vancouver to St. John's	June 13 - August 24	\$1,000.00	\$7,975.00
<b>Tour Arctic</b>	Vancouver to Inuvik	July 17 - August 10	\$1,000.00	\$3,995.00
<b>Tour Atlantic</b>	Halifax to Baddeck	August 13 - August 27	\$350.00	\$1,450.00
<b>Tour Pacific</b>	Vancouver to Calgary	June 26 - July 11	\$350.00	\$1,450.00
<b>Cabot Trail</b>	Charlottetown to Baddeck	August 22 - August 27	\$200.00	\$695.00
<b>Icefields Parkway</b>	Jasper to Calgary	July 7 - July 11	\$200.00	\$625.00
<b>The BiQue Ride</b>	Toronto to Montreal	July 22 - July 28	\$200.00	\$875.00
	Return Fare to Toronto	July 29		\$100.00
<b>The By-Cycle Ride</b>	Toronto to Ottawa	June 26 - July 1	\$200.00	\$875.00
	Return Fare to Toronto	July 2		\$125.00
<b>Niagara Vineyards</b>	Hamilton to Niagara Falls	August 19 - August 24	\$200.00	\$975.00
<b>Tour Vert</b>	Montreal to Quebec City	August 5 - August 10	\$200.00	\$875.00
	Return Fare to Montreal	August 11		Call for details
<b>Voyageur Route</b>	Ottawa to Quebec City	July 8 - July 13	\$200.00	\$875.00
<b>Southern Ontario Century Ride</b>	Toronto / Barrie / Toronto	May 26 - May 27; \$115 inc. HST before March 5; \$125 inc. HST after March 5		
<b>Tour du Canada Time Trial</b>				Call for details

### Single Supplements

Tour TransCanada	\$1,075.00	The By-Cycle Ride	\$325.00	Niagara Vineyards	TBA
Tour Atlantic	\$165.00	Cabot Trail	\$110.00	Tour Vert	\$325.00
The BiQue Ride	\$275.00	Icefields Parkway	\$30.00	Voyageur Route	\$325.00

### Pre- and Post-Ride Accommodation and Final Payment Due Dates

Accommodation on the night before the first riding day is included on all trips except The BiQue Ride. Final night accommodation is included in all fee packages except Southern Ontario Century Ride. Final payment is due 90 days before start dates for Tour du Canada, Tour TransCanada and Tour Arctic. For all other trips, final payment is due 30 days before start dates.

**ALL QUOTED RATES AND FEES ARE IN CANADIAN FUNDS. CALL FOR DETAILS ON PAYMENTS IN OTHER CURRENCIES.**

**TAX:** Fees are subject to federal Goods and Services Tax (GST) and Harmonized Sales Tax (HST), which includes GST and a provincial tax. Rates vary based on time spent in a province or territory during a trip. HST rates are 12% in British Columbia, 13% in Ontario, New Brunswick and Newfoundland and 15% in Nova Scotia. In other provinces, and in the northern territories, GST at a rate of 5% applies.

**POLICY NOTE:** Fees are per person. We plan for two to a room at indoor stays but may need to put three in a room or assess a single supplement where there is an uneven gender mix. Information on this sheet should be read in conjunction with Cycle Canada statements of Practices and Policies for events in 2012. Fees and Dates are subject to change without notice.

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